



CANADIAN  
PSYCHOLOGICAL  
ASSOCIATION

SOCIÉTÉ  
CANADIENNE  
DE PSYCHOLOGIE

May 16, 2025

The Right Honourable Mark Carney P.C., M.P.  
Prime Minister of Canada  
Office of the Prime Minister  
80 Wellington Street  
Ottawa, ON K1A 0A2

Dear Prime Minister Carney:

On behalf of the Canadian Psychological Association (CPA), I would like to congratulate you and your colleagues on forming the next Government of Canada. This is a unique moment in the country's history that requires strong and steady leadership combined with the urgency of repositioning and transforming our economy.

As you move forward, the CPA believes that from a policy perspective the health and wealth of the country are closely intertwined. In this context, we are pleased that you have made a number of commitments to invest and improve access to mental health care services and the people of Canada's overall mental health and well-being. This is where good mental health care policy can reinforce and strengthen good economic policy focused on productivity, competitiveness and sustained prosperity.

The CPA is the national voice for the science, practice and education of psychology in the service of the health and welfare of Canadians. With more than 7,000 members, the CPA is Canada's largest association for psychology and represents psychologists in the public and private sector, university educators and researchers, as well as students. Psychologists are the country's largest group of regulated and specialized mental health providers, making our profession a key resource for the mental health treatment Canadians need.

The CPA has been a strong advocate for the federal government to play a stronger role when it comes to improving and expanding publicly funded access to psychological services so that those in need can get the care they deserve. The time is long overdue to recognize in legislation that we value our mental and physical health equally. There can be no health without mental health. We also recognize the critical role that psychological science can play in understanding the world around us and inform evidence-based policy making.

In closing, I wish you and your colleagues the very best in meeting the challenges that lay before us and look forward to working with your government to improve our collective mental and behavioural health – our success as a country depends on it. I can be reached at [executiveoffice@cpa.ca](mailto:executiveoffice@cpa.ca).

Sincerely,

Lisa Votta-Bleeker, PhD  
Chief Executive Officer

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